

# WORKING AT HEIGHT SAFETY GUIDELINES

IN THE QUARRY, RECYCLING & MINING INDUSTRY

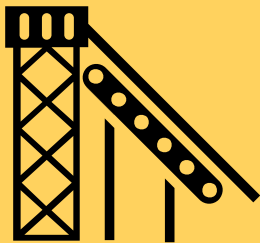
Falls from height are the single biggest cause of workplace deaths and one of the main causes of major injuries. It is therefore essential that any work at height is properly planned, supervised and carried out by competent people to make sure it is undertaken safely as required by the Work at Height Regulations 2005 (WAHR).



Think and plan ahead, ensure to organise the work properly



Take sufficient measures when working on or near fragile surfaces.



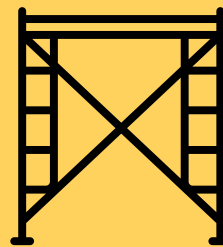
Carry out a risk assessment, specific to the circumstances, and always act on its outcome.



Use and inspect equipment properly and keep it in safe working order.



Give priority to 'collective' over 'personal' protection measures



Do everything reasonably practicable to prevent anyone falling, using the most suitable equipment.



Ensure that everyone involved is trained and competent.



Take appropriate measures to prevent the fall of tools or materials.

